



PRINCETON WOMEN'S BASKETBALL

2010-11 GAME NOTES

GAME 1 ★ PRINCETON (0-0, 0-0) vs FAIRLEIGH DICKINSON (0-0, 0-0) ★
NOV. 13 ★ 4 P.M.

LIVE VIDEO/LIVE AUDIO/LIVE STATS

PRINCETON AT A GLANCE

THE COACH

Courtney Banghart (Dartmouth '00), 4th season
 Overall Record.....47-40 (3 seasons)

THE SID

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2010-11 SCHEDULE

NOVEMBER

13 FAIRLEIGH DICKINSON..... 4 p.m.
 18 at Rutgers..... 7:30 p.m.
 21 at Lehigh..... 2 p.m.
 26 vs. Southern California # 7 p.m.
 28 vs. Vanderbilt/Quinnipiac # 12/2 p.m.

DECEMBER

1 at Delaware 7 p.m.
 5 **RIDER..... 2 p.m.**
 10 **NAVY..... 7 p.m.**
 13 **LAFAYETTE..... 7 p.m.**
 17 **DREXEL..... 7 p.m.**
 19 at St. Joseph's 2 p.m.
 29 at Davidson 7 p.m.
 31 at Wake Forst..... 2 p.m.

JANUARY

4 **LA SALLE..... 7 p.m.**
 8 **PENN *..... 6 p.m.**
 28 at Brown * 7 p.m.
 29 at Yale * 7 p.m.

FEBRUARY

4 at Harvard * 7 p.m.
 5 at Dartmouth * 7 p.m.
 11 **COLUMBIA *..... 7 p.m.**
 12 **CORNELL *..... 6 p.m.**
 18 **YALE *..... 7 p.m.**
 19 **BROWN *..... 6 p.m.**
 25 at Cornell * 7 p.m.
 26 at Columbia * 7 p.m.

MARCH

4 **DARTMOUTH *..... 7 p.m.**
 5 **HARVARD *..... 6 p.m.**
 8 at Penn * 4:30 p.m.

HOME GAMES IN BOLD CAPS

* - denotes Ivy League Games
 # - Vanderbilt Tournament

PROBABLE STARTERS

No.	Name	Pos.	Cl.	Ht.	Hometown	2009-10 Stats
3	Lauren Polansky	G	Fr.	5-8	Mill Valley, Calif.	1.4 ppg, 77 assists, 40 steals
23	Addie Micir	G	Jr.	6-0	Newtown, Pa.	12.3 ppg, 66 3pt., 63 assists
30	Lauren Edwards	G	So.	6-0	Los Angeles, Calif.	13.2 ppg, 4.6 rpg, 30 blocks
24	Niveen Rasheed	F	Fr.	6-0	Danville, Calif.	15.4 ppg, 8.8 rpg, 81 assists
44	Devona Allgood	C	So.	6-3	Huntersville, N.C.	10.8 ppg, 7.8 rpg, 39 blocks

Eye on the Tigers

Princeton returns all five starters and from its most successful season in program history. The Tigers went 26-3 overall and reached the NCAA Tournament for the first time. The squad went 14-0 in the Ivy League to win the league and has been selected to win the league again this season in the preseason poll. Princeton lost just two letterwinners from the 2009-10 season and brings in three freshmen. Four of Princeton's starters average double figures led by sophomore forward Niveen Rasheed, the 2010 Ivy League Rookie of the Year. Rasheed averaged 15.4 points and 8.8 rebounds per game. She also led the team in assists with 81 and steals with 64. Junior forward Lauren Edwards added 13.2 points per game and 4.6 rebounds per game. She finished second in blocks with 30, third in assists with 64 and third in steals with 39. Senior co-captain Addie Micir averaged 12.3 points per game due to the 66 three-pointers she hit. She is also the team's best free-throw shooter missing just 10 of her 59 shots for 83.1 percent. Junior post Devona Allgood brings down 7.8 rebounds per game and scores 10.8 points per game. She also led the team in blocks with 39. All four were named All-Ivy last season when the team had a +18.3 scoring margin over its opponents. The squad averaged 70.7 points while holding teams to 52.4 points per game. The Tigers shot 43.9 percent from the floor, 35.5 percent from behind the arc and 71.1 percent from the free throw line.

The Princeton/FDU Series

Princeton has a 13-4 advantage in the all-time series with FDU. The teams first met during Princeton's second year as a varsity program in 1972-73. The Tigers won that game, 26-17. Princeton is currently on a six-game win streak over the Knights, dating back to 1996. Last season Princeton took a 77-44 game on the road.

Scouting the Knights

The Knights return all five starters from last season and did not lose a single letterwinner from the 2009-10 season in which the team posted a 9-20 overall record. FDU finished 11th in the Northeast Conference with a 5-13 mark and have been selected to finish ninth in the preseason conference poll. Junior Mariyah Laury, the leading scorer from last season, should pace the Knights again this season. She finished last year with 17.6 points, 3.4 rebounds per game and had a team-best 67 assists. She also led the team in an exhibition game with American International, scoring 16 of the team's 52 points. Alyssa Mayrose is back for her senior season and was the team's top rebounder last year with 5.6 boards per game. She also averaged 12.4 points per game. Jasmyra Saunders was also in double digits last season with 10.4 points and 4.0 rebounds per game while leading the team in steals with 69. Another force from the floor is sophomore Alannah Driscoll-Sbar who led the team in rebounds in the exhibition with seven while scoring 10 points. FDU averaged 57.4 points per game while its opponents scored at a rate of 62.9 points per game. The team shot 37.2 percent from the floor, 28.6 percent from behind the arc and 72.1 percent from the line.

Last Time We Met (Dec. 30, 2009)

Senior Tani Brown scored a career-high 15 points, hitting five three-pointers to help Princeton to a 77-44 win over FDU on Wednesday, Dec. 30 at the Rothman Center. Brown added a game-high four assists and two steals.

Junior Addie Micir was also in double figures with 16 points, shooting 5 for 7 from the floor. Freshman Kate Miller added nine points, also a career high, sophomore Devona Allgood had eight and classmate Lauren Edwards scored seven. Freshman Niveen Rasheed led the team under the basket with seven boards while scoring five points. Edwards and senior Cheryl Stevens added six rebounds apiece.

The game saw its biggest output by the Tiger bench this season, as the subs scored 39 points, eclipsing its previous best of 21.

Princeton started the game on a 20-7 run through the first 8:30 of the game. FDU hit a free throw and a three-ball to cut the lead to nine, 20-11. The nine-point margin would be as close as the Knights would

SERIES BREAKDOWN

Date	Site	Score
2/7/73	FDU	W, 26-17
12/10/73	at FDU	W, 46-29
11/29/80	FDU	L, 64-65
12/3/81	at FDU	L, 52-77
11/25/89	at FDU	W, 67-63
11/24/90	FDU	W, 79-68
12/14/91	at FDU	L, 63-65
12/15/92	FDU	W, 83-57
12/14/93	at FDU	W, 76-51
12/14/94	FDU	W, 85-70
12/14/95	FDU	L, 69-79
12/14/96	at FDU	W, 70-53
12/16/97	FDU	W, 72-48
12/30/04	at FDU	W, 58-51
12/30/05	FDU	W, 88-51
11/25/08	FDU	W, 62-47
12/30/09	at FDU	W, 77-44

Overall record:.....	13-4
Home:.....	7-2
Away:.....	6-2
Neutral:.....	0-0

TALE OF THE TAPE

Princeton	2009-10	FDU
26-3	Overall Record	9-20
14-0	Conf. Record	5-13
70.7	Points/Game	57.4
52.4	Opp. Points/Game	62.9
+18.3	Scoring Margin	-5.4
.439	FG%	.372
.345	Opp. FG%	.396
.355	3 pt. FG%	.286
.274	Opp. 3 pt. FG%	.315
.711	FT%	.721
.679	Opp. FT%	.647
41.0	Rebounds/Game	34.1
35.3	Opp. Rebounds/Game	40.6
+5.7	Rebounding Margin	-6.6
14.6	Assists/Game	9.2
10.1	Opp. Assist/Game	14.3
14.3	TO/game	17.2
18.4	Opp. TO/Game	17.6
9.2	Steals/Game	7.9
6.5	Opp. Steals/Game	8.0
4.6	Blocks/Game	2.8
2.5	Opp. Blocks/Game	3.3

get as the Tigers rattled off 22 of the next 30 points to end the first half with a 42-19 lead.

Micir shot 4 for 5 in the first half, knocking down three of her four three-point attempts to score 13 points in the half. She helped to lead Princeton to 59.3 percent shooting during the first period, while FDU was at 20 percent, going 6 for 30.

The Tigers continued to add to their lead and grabbed a 31-point lead, 56-25 after back-to-back three-point baskets from Brown. She would go on to add three more long balls, a personal record for the senior, as she destroyed her career scoring mark.

Princeton earned its largest margin over an opponent this season when it grabbed a 35-point lead off of a Krystal Hill free throw at 10:03. Brown's third three of the night would give Princeton its largest lead of the game at 38 points less than a minute later. The Tigers previous high was 34 points over American, a game the team would win 77-45.

The Tigers held the Knights scoreless from the field for a span of 7:44, although the squad would score six points from the charity stripe during that time. Jordan Sykes ended the drought from the floor at 9:02 with a layup to make it 65-31.

FDU responded by holding Princeton scoreless and going on a 6-0 run to make it 65-34 with 7:23 to play. Each team would add 10 points onto its respective team totals to end the game 77-44 in favor of the Tigers.

FDU was led by Alyssa Mayrose and Kayla Killian, who had nine and seven points, respectively. Jenna Strich added six points and led the team on the glass with six boards while recording a team-high two steals.

The Knights shot 21.4 percent (12-56) from the field, 72.7 from the free-throw line and 22.2 from behind the arc. The Tigers closed out the game shooting just under 50 percent going 28 for 57, while it was 55 percent from downtown and 66.7 percent from the line.

We Are The Champions

Princeton won the Ivy League in 2009-10, the program's eighth title. The team won five times in the 1970 and 80s prior to the NCAA Tournament. The Tigers earned a share of the title in 1999 and 2006 but lost the playoff game both years to Dartmouth. It marks the first time Princeton won the title outright since 1978.

Can They Go All The Way?

Princeton went undefeated in the Ivy League last season becoming one of six teams to go undefeated in Ivy League play. Harvard did so in 2002-03 and 96-97 and Penn was undefeated in 2000-01. Dartmouth went 7-0 in 1980-81, Yale went 7-0 in 1979-80.

Going Dancing

Princeton made its first ever NCAA Tournament appearance in 2010. The team became a varsity sport in 1972 with the NCAA Tournament beginning a decade later in 1982. The Tigers fell to St. John's in the Tallahassee first round 65-47.

Breaking Records in 2010

Record	Previous Record
Consecutive wins.....	21.....9 (1977-78)
Wins.....	26.....21 (2005-06)
Conference Wins.....	14.....12 (2005-06)
Non-Conference Wins.....	12.....11 (1995-96)
Home Wins.....	12.....12 (1986-87)
Consecutive Home Wins.....	9.....8 (3x MR 1990-91)
Road Wins.....	14.....10 (2005-06)
Fewest Losses.....	3.....4 (4x, MR 1977-78)
Best Win Percentage.....	.897......818 (1977-78)
Most Points.....	2,051.....1,987 (1995-96)
Highest Scoring Average.....	70.7.....69.0 (1977-78)
Most Rebounds.....	1,189.....1,179 (1995-96)
Most Blocks.....	134.....130 (2008-09)
Most Players Named All-Ivy.....	5.....4 (3x MR 2006)

The Fine Five

Princeton returns its entire starting five this season. Princeton's starting five accounted for 74.8 percent of the team's points last season season, scoring 1535 of 2051.

Rocking the Vote

Princeton received a vote in the USA Today/ESPN Coaches' preseason poll. The Tigers had four votes in the final poll last season and earned as many as 28 last year. This marks the first time an Ivy team has been listed in that particular preseason poll (Harvard earned votes in the 2002-03 preseason AP Poll).

Ranking in the Mid-Major

Princeton is ranked No. 6 in the preseason Mid-Major poll, it was announced by CollegeInsider.com, on Tuesday, Oct. 26. The Tigers received 517 points in the poll and is the only Ivy League team ranked. Gonzaga is ranked No. 1, followed by Green Bay, James Madison, Arkansas Little Rock and Bowling Green. Princeton will play two of the teams ranked in the preseason poll, Lehigh (No. 12) and Delaware (No. 24).

IVY STANDINGS

No.	Team	Ivy	Overall
1.	Brown	0-0	0-0
	Columbia	0-0	0-0
	Cornell	0-0	0-0
	Dartmouth	0-0	0-0
	Harvard	0-0	0-0
	Penn	0-0	0-0
	Princeton	0-0	0-0
	Yale	0-0	0-0

UPCOMING IVY GAMES

Saturday, Nov. 13

Harvard at Maine	12 p.m.
Cleveland St. at Cornell	7 p.m.

Monday, Nov. 15

Cornell at Syracuse	7 p.m.
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Tuesday, Nov. 16

Dartmouth at UNH	7 p.m.
FDU at Columbia	7 p.m.

RECENT IVY GAMES

Friday, Nov. 12

LIU at Columbia	1 p.m.
Brown at Albany	5 p.m.
Bryant at Penn	7 p.m.
Yale at Holy Cross	7 p.m.
Dartmouth at Northwestern	8 p.m.

WEEKLY IVY AWARDS

Awards begin on 11/15

Preseason Prediction

Princeton was selected to win the Ivy League again this season in the 2010 Ivy League Preseason Media/SID Poll. The Tigers were nearly the unanimous first-place selection with 135 points and 16 first-place votes. Harvard received one first-place vote and 115 points as the runner-up. Dartmouth was picked third with 96 points, followed by Yale with 84, Columbia with 73, Brown with 50, Cornell with 39 and Penn with 19.

Open Sesame

All-time Princeton is 18-21 in season openers. In the past five years have posted a 3-2 mark in openers. Princeton Stony Brook 68-43 in last year's opener and Fordham the previous season, 69-57.

November Numbers

Last season, Princeton set a program record for the most wins during the month of November, going 4-1. The program reached three wins during the month, four times (3-2 in 2008-09, 3-1 in 2001-02 and 3-0 in 1995-06).

Honey I'm Home

Princeton set a record for wins at home last season going 12-1 on its home court. The Tigers also are in the middle of a nine-game home winning record that dates back to December 12, 2009. Princeton's last loss at home was its only loss at home last year, a 60-50 game to Rutgers.

O Captain! My Captain!

The team has selected its two seniors to be team captains this season. Krystal Hill and Addie Micir were announced as captains at the end-of-year banquet in the spring of 2010.

Hey Rookie

Coach Banghart and her staff have brought in three newcomers as the Class of 2014. Joining the Tigers are local forward Kristen Helmstetter (Bridgewater, N.J./Bridgewater-Raritan), and guards Nicole Hung (Los Angeles, Calif./Harvard Westlake) and Alex Rodgers (Mouth of Wilson, Va./Oak Hill Academy). HoopGurlz ranked both Hung and Rodgers. Below are their ranks below in comparison to Niveen Rasheed who was ranked last season.

Nicole Hung - Scouts Grade: 90 - Position Rank: 29

Alex Rodgers - Scouts Grade: 80 - Position Rank: 109

compare

Niveen Rasheed - Scouts Grade: 90 - Position Rank: 20

We're on the Air

Live audio broadcasts are available for almost every Princeton women's basketball game this season, with Derek Jones calling the action. All home games will be webcast via GoPrincetonTigers.tv for registered users. Packages are available for purchase on a monthly, semi-annual or annual subscription. Live stats will also be available for all home games, and most away games. Links will be available on the women's basketball schedule page.

Not Just a Dot Com

Princeton fans now have many ways to follow their teams. Besides www.GoPrincetonTigers.com, fans can check out the Tigers' TV site, www.GoPrincetonTigers.tv for various types of videos including: interviews with student-athletes and coaches, alumni profiles, game highlights, etc. You can also check out TigerBlog, the official blog of Princeton Athletics, that gives fans a different take on our teams; and TigerCast, a weekly podcast featuring Princeton coaches and student-athletes.

Wednesdays on the Web

Each Wednesday during the season a video bio/interview will be released on GoPrincetonTigers.tv. Check out the Web each Wednesday to get to know each of our 13 Tigers a bit better.

Through the Eyes of the Tigers

The Princeton women's basketball team has a new Web site feature for the 2010-11 season, entitled Through the Eyes of the Tigers. Every other Tuesday a different player on the team will give you an inside look at what's been going on lately with the team. From practice, conditioning, team activities, classes, etc.

Follow Us on Facebook & Twitter

Princeton women's basketball has a fan page on Facebook called "Princeton Women's Basketball Alumni". In what started as a women's basketball alumni page, the page is now open to friends and fans of the basketball program. Coach Banghart also has her own Twitter page. Follow Coach at <http://twitter.com/coachbanghart>

The Coming Attractions

Princeton will hit the road for the next five games. First up will be a game with local foe Rutgers on Thursday, Nov. 18 at 7:30 p.m.

PRINCETON'S 2009-10

RECORD WHEN...

Overall	26-3
Ivy League	14-0
Home	12-1
Away	14-1
Neutral	0-1
vs. America East	1-0
vs. Atlantic-10	2-0
vs. Big East	0-2
vs. Big West	1-0
vs. CAA	2-0
vs. Conference USA	1-0
vs. MAAC	1-0
vs. Northeast Conference	1-0
vs. Pac-10	0-1
vs. Patriot League	3-0
In November	4-1
In December	6-1
In January	5-0
In February	8-0
In March	3-1
During the Weekend	17-2
During the Week	9-1
On afternoons	7-1
On evenings	19-2
Games decided by 1-10 pts.	1-2
Games decided by 11-20 pts.	10-1
Games decided by 21-30 pts.	9-0
Games decided by 31-40 pts.	6-0
Games decided by 41 or more	0-0
Princeton scores first	18-2
Opponent scores first	8-1
Leading at halftime	23-1
Trailing at halftime	1-2
Tied at halftime	2-0
Leading with 10:00 remaining	25-0
Trailing with 10:00 remaining	1-3
Tied with 10:00 remaining	0-0
Leading with 5:00 remaining	26-0
Trailing with 5:00 remaining	0-3
Tied with 5:00 remaining	0-0
Princeton shoots 50% or better	4-0
Princeton shoots under 50%	22-3
Opponent shoots 50% or better	0-0
Opponent shoots under 50%	26-3
Princeton shoots 70% or better from FT line ..	13-2
Opponent shoots 70% or better from FT line ..	14-1
Princeton shoots 40% or better from arc	13-0
Opponent shoots 40% or better from arc	3-0
Princeton has more rebounds	21-1
Opponent has more rebounds	4-2
Rebounds are even	1-0
Princeton has fewer turnovers	19-1
Opponent has fewer turnovers	5-2
Turnovers are even	2-0
Princeton has more steals	21-0
Opponent has more steals	5-2
Steals are even	0-1

THE LAST TIME ...

Scored 100 Points	N/A (highest is 97)
Scored 90 Points	96 vs. Cornell (2/27/10)
Scored 80 Points	80 vs. Lafayette (12/12/09)
Allowed 100 Points	107 at Tennessee (12/20/05)
Allowed 90 Points	91 at Monmouth (1/2/08)
Allowed 80 Points	83 at Rutgers (11/18/08)
Scored 50 Points in a Half	53 vs. Cornell (2/27/10)
Allowed 50 Points in a Half	56 at Penn (3/11/08)
Won in Overtime	vs. Monmouth (11/19/04)
Lost in Overtime	vs. Dartmouth (1/30/09)
Shot 55% from the field	57.7 vs. Stony Brook (11/22/08)
Shot 50% from 3-point range	50.0 at Dartmouth (3/5/10)
Shot 90% from FT line	93.8 vs. Yale (1/30/10)
Had 50 rebounds in a game	53 vs. Penn (3/9/10)
Had 20 assists in a game	24 vs. Cornell (2/26/10)
Blocked 7+ shots in a game	7 vs. Penn (3/9/10)
Had 15 steals	16 vs. Cornell (2/26/10)
Committed fewer than 10 TOs	8 at Dartmouth (3/5/10)
Had a 30-point scorer	Cowher vs. Penn (3/11/08)
Had a 25-point scorer	Rasheed at Columbia (2/12/10)
Had a player with 15 rebounds	Rasheed at Cornell (2/12/10)
Had a player with 10 assists	O'Brien vs. Yale (2/18/05)
Had a player with 5 blocks	Stevens vs. Penn (3/9/10)
Had a player with 5 steals	Rasheed at Dartmouth (3/5/10)
Had a player with a double-double	Rasheed vs. Penn (3/9/10)
Had 2 players with double-doubles	Allgood/Rasheed at Harvard (3/6/10)

2010-11 PRINCETON WOMEN'S BASKETBALL ROSTER

No.	Name	Pos.	Yr.	Ht.	Hometown/High School
3	Lauren Polansky	G	5-8	So.	Mill Valley, Calif./Branson School
5	Alex Rodgers	G	5-9	Fr.	Mouth of Wilson, Va./Oak Hill Academy
10	Nicole Hung	G	5-11	Fr.	Los Angeles, Calif./Harvard Westlake
11	Krystal Hill	G	5-7	Sr.	Houston, Texas/North Shore
13	Beth Binkley	F	6-0	Jr.	Franklin, Tenn./Harpeth Hall
20	Kate Miller	F	6-0	So.	Rumson, N.J./Rumson-Fair Haven
22	Laura Johnson	G	5-8	Jr.	Lower Gwynedd, Pa./Mt. St. Joseph Academy
23	Addie Micir	G	6-0	Sr.	Newtown, Pa./Council Rock North
24	Niveen Rasheed	F	6-0	So.	Danville, Calif./Monte Vista
30	Lauren Edwards	G	6-0	Jr.	Los Angeles, Calif./Brentwood School
32	Kristen Helmstetter	F	6-0	Fr.	Bridgewater, N.J./Bridgewater-Raritan
43	Megan Bowen	C	6-2	So.	Bath, Pa./Northampton
44	Devona Allgood	C	6-3	Jr.	Huntersville, N.C./North Mecklenburg

Head Coach: Courtney Banghart, 4th season (Dartmouth '00)
 Assistant Coach: Melanie Moore, 4th season (Siena '99)
 Assistant Coach: Milena Flores, 4th season (Stanford '01)
 Director of Basketball Operation: Megan Griffith, 1st season (Columbia '07)
 Athletic Trainer: Dan "Tiger" Jarvis
 SID: Kristy McNeil
 Captains: Krystal Hill, Addie Micir

Pronunciation Guide		By Class		By Position	
Addie Micir	add-dee mah-sear	Seniors (2)	Hill, Micir	Point Guards (3)	Johnson, Hill, Polansky
Milena Flores	me-LEN-nah floor-ez	Juniors (4)	Allgood, Binkley, Edwards, Johnson	Guards (4)	Edwards, Hung, Micir, Rodgers
Niveen Rasheed	nah-veen rah-sheed	Sophomores (4)	Brown, Miller, Polansky, Rasheed	Forwards (4)	Binkley, Helmstetter, Miller, Rasheed
Devona Allgood.....	dev-on-uh	Freshmen (3)	Helmstetter, Hung, Rodgers	Centers (2)	Allgood, Bowen





#3 Lauren Polansky

Position:	Guard
Height:	5'8"
Year:	Sophomore
Hometown:	Mill Valley, Calif.
High School:	Branson School

Freshman Year (2009-10): Has started in 22 games and made four more appearances ... scored a personal-best six points against Yale on Jan. 30 and at Dartmouth on March 5 ... pulled down a personal-best six rebounds at Columbia on Feb. 12 ... dished out a career-best six assists three times most recently against Cornell on Feb. 26 ... made two blocks against Stony Brook on Nov. 13 ... recorded four steals against Lafayette ... led the team in assists nine times, steals five times and blocks twice times.

Before Princeton: Point guard for The Branson School varsity team for four years ... guided the Bulls to a 121-19 record while leading the league in steals and assists all four years ... as a senior captain, Polansky helped the team to a 30-4 mark ... greatest statistical achievement was a quadruple double in points, rebounds, assists and steals ... also recorded triple doubles on more than one occasion ... named the 2009 North Bay Player of the Year ... selected as a first-team all-league recipient twice ... earned *San Francisco Chronicle* first-team all-metro honors ... member of the Jewish High School Sports Hall of Fame ... a member of the Marin County League All-Star Team and the SAC VS BAY All-Star Team ... Branson won the league, the North Coast Section and the NORCAL during her junior and seniors years ... the team won the state championship during her sophomore and junior years ... named the MVP of the league during her senior year ... played her AAU basketball for the East Bay Xplosion in 2008 with fellow Princetonian Niveen Rasheed.

Personal: Full name is Lauren S. Polansky ... born December 24, 1990 in San Francisco ... parents are Cynthia and the late Jon Polansky.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2009-10	26-22	477	14-35	.400	0-0	.000	7-13	.538	21	42	63	2.4	47	73	31	4	40	35	1.3

Career Highs	
Points	6, 2x MR at Dartmouth (3/5/10)
FG	3 at Dartmouth (3/5/10)
FG Attempted	5 at La Salle (1/5/10)
3FG Made	0
3FG Attempted	0
FT Made	2, 2x MR at Columbia (2/12/10)
FT Attempted	2, 6x MR at Yale (2/19/10)
Rebounds	6 at Columbia (2/12/10)
Assists	6, 3x MR vs. Cornell (2/26/10)
Blocks	2 at Stony Brook (11/13/09)
Steals	4 vs. Lafayette (12/12/09)



#5 Alex Rodgers

Position:	Guard
Height:	5'9"
Year:	Freshman
City/State:	Mouth of Wilson, Va.
High School:	Oak Hill Academy

Before Princeton: A four-year letterwinner from Oak Hill Academy ... ranked #108 as a shooting guard on ESPN HoopGurtz ... earned a Scouts grade of 80 ... helped the Warriors to a record of 86-29 during her tenure ... averaged 13.2 points, 6.1 rebounds, 5.0 assists, 1.5 steals and 0.1 blocks per game in her career ... averaged 10.6 points, 5.5 rebounds, 5.6 assists, 1.8 steals and 0.1 blocks per game as a senior ... captain her senior when the team posted a 23-4 record ... also captain her freshman season when she was named first-team Mountain Empire District ... Oak Hill was the 2010 National High School Invitational (NHSI) national runner-up ... a 2010 McDonalds All-American Honorable Mention selection ... named to the National Association of Christian Athletes (NACA) and Potters House Christian Academy (PHCA) All-Tournament teams ... her team honored her with MVP in 2010, Most Improved in 2008 and Offensive Player of the Year in 2007 ... played her AAU basketball with the Garner Flames in Raleigh, N.C. ... the Flames were North Carolina state champions in 2008 and 2009 while reaching the AAU Nationals both years ... the squad competed in the Boo Williams Invitational and the US Junior Nationals in 2008 and 2009 ... also lettered in volleyball and tennis at Oak Hill.

Personal: Full name is Alexandra Janique Roberts ... born March 30, 1992 ... parents are Michael and Yvonne Rodgers ... has two brothers, Michael and Maxwell and one sister, Khelan.



#10 Nicole Hung

Position:	Guard
Height:	5'11"
Year:	Freshman
City/State:	Los Angeles, Calif.
High School:	Harvard Westlake

Before Princeton: A four-year letterwinner from Harvard Westlake ... ranked #30 as a power forward on ESPN HoopGurtz ... earned a Scouts grade of 90 ... helped the Wolverines to a record of 93-29 during her four years including a 34-1 mark her senior season ... as a senior she averaged 17.7 points, 9.0 rebounds, 2.2 assists, 2.1 steals and 0.7 blocks per game ... captain of the team during her junior year ... Harvard Westlake was the 2007 and 2010 Mission League Champion, the 2009 CIF-SS Division IVA Champion, 2010 CIF-SS Division IVAA Champion and the 2010 Division IV CIF State Champion ... a two-time first-team All-Mission League honoree ... named the CIF-SS Division IVA Player of the Year and first-team All-State as a junior ... captured CIF-SS Division IVAA Co-Player of the Year honors, played in the Battle of the Valley All-Star Game and was named Maxpreps Honorable Mention All-America as a senior ... named a Los Angeles Times All-Star in 2010 ... played her AAU basketball with the California Swish ... the Swish was the 2009 Nike National Champions in addition to the Music City Madness Champions and End of the Trail Champions ... named to the End of Trail Champions All-Tournament team ... also a four-year letterwinner in tennis.

Personal: Full name is Nicole Jian Min Hung ... born April 9, 1992 ... parents are Vincent and Cyndi Hung ... has two younger sisters Ingrid and Candice and a younger brother Ryan.



#11 Krystal Hill

Position:	Guard
Height:	5'7"
Year:	Senior
Hometown:	Houston, Texas
High School:	North Shore

Senior Year (2010-11): Team captain.

Junior Year (2009-10): Played in all 28 games ... scored a season-best 12 points three times most recently at Brown on Feb. 20 ... had a season-high six rebounds at Story Brook on Nov. 13 ... shot 10 for 10 from the free throw line at Brown on Feb. 20, a career best ... picked up three steals at Drexel on Dec. 17 ... had four assists against Lehigh on Dec. 2 and against Penn on Jan. 9 ... picked up her first block of the season against the Big Red on Feb. 13 ... led the team in assists and steals two times each.

Sophomore Year (2008-09): Saw action in all 28 games ... averaged 5.0 points and 1.8 rebounds per game ... scored 145 points, collected 50 rebounds, 20 steals, 19 assists and two blocks ... shot .411 on the season (51-124), and went 40-47 from the free-throw line for a team-best percentage of .851 ... had a season-best 14 points versus Rider on Jan. 6 and against Columbia on Feb. 7 ... her best effort was at Lafayette on Jan. 2 where she recorded eight season-bests including rebounds in game with six ... corralled a season-best three steals at Lehigh on Nov. 30 ... shot 100% from the free throw line 13 times with her best trip to the line against Brown on Feb. 14, where she shot 6-for-6.

Freshman Year (2007-08): Named Ivy League Rookie of the Week on March 3 ... had six of her seven double-digit scoring games in the Ivy League season ... led the team in scoring in four games, first against Cornell on Feb. 8 with 18 points, then against Harvard on Feb. 22 with 16 points and finally in back-to-back games against Brown and Yale on Feb. 29 and March 1 with 19 and 15 points, respectively ... came within a rebound of a double-double on two occasions in the Harvard and Yale double-digit scoring games ... season-high five assists at Cornell on March 8.

Before Princeton: Four-year letterwinner at North Shore High School ... poured in 19.8 points, 4.9 steals and 4.1 assists per game as a senior captain ... named 2007 Houston Chronicle third-team all-city and was an Athlete of the Week honoree ... earned academic all-state honors ... named to the Texas Association of Basketball Coaches all-region team ... invited to participate in city and state all-star games ... was twice named first-team all-district ... team MVP as a senior and three-time team defensive player of the year ... city's top free-throw shooter as a junior ... also a three-year track captain, winning a 5A gold medal in the 4x200 relay as a freshman.

Personal: Full name is Krystal Aretha Grace Hill ... born Feb. 28, 1989 ... parents are Oma and Sonia Hill ... has an older brother, Otis (Texas A&M) ... volunteers with her local adopt-a-pet service ... majoring in history.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2007-08	26-1	355	52-143	.364	11-33	.333	43-58	.741	25	34	59	2.3	42	38	31	0	21	158	6.1
2008-09	28-0	339	51-124	.411	3-19	.158	40-47	.851	25	25	50	1.8	38	19	30	2	20	145	5.2
2009-10	28-0	353	45-141	.319	10-34	.294	39-44	.886	23	38	61	2.2	27	35	36	1	23	139	5.0
Career	82-0	1047	148-408	.363	24-86	.279	122-149	.819	73	97	170	2.1	107	82	97	3	64	442	5.4

Career Highs	
Points	19 vs. Brown (2/29/08)
FG	7 vs. Yale (3/1/08)
FG Attempted	15 vs. Yale (3/1/08)
3FG Made	3 vs. Brown (2/29/08)
3FG Attempted	4 vs. Cornell (2/8/08)
FT Made	10 at Brown (2/20/10)
FT Attempted	10 at Brown (2/20/10)
Rebounds	9, 2x MR vs. Yale (3/1/08)
Assists	5 vs. Cornell (3/8/08)
Blocks	1, 5x MR at Cornell (2/13/10)
Steals	4, 2x MR vs. Yale (2/15/08)



#13 Beth Binkley

Position:	Forward
Height:	6'0"
Year:	Junior
Hometown:	Franklin, Tenn.
High School:	Harpeth Hall

Sophomore Year (2009-10): Played in 19 games ... scored a personal-best five points at Irvine on Nov. 27, shooting 1-for-3 from behind the arc, a personal best ... had a career matching high two rebounds against Penn on Jan. 9 ... recorded a career-best two assists at FDU on Dec. 30 where she attempted five shots, the most in her career ... earned her first career steal at Brown on Feb. 20.

Freshman Year (2008-09): Played in nine games ... saw the most time against Stony Brook on Nov. 22 ... had her first collegiate points on a 3-point shot against Stony Brook ... shot 3-for-9 from the field, had three bounds and four blocks.

Before Princeton: Played at Harpeth Hall ... averaged 12 points and five rebounds per game as a senior ... hit seven three-pointers in a game and a half, a set school record ... holds school records for three-pointers in a season with 86, also second in Middle Tennessee ... named Division II all-region as a senior and a junior ... a member of the Tennessee Junior Olympic team and Tennessee Top 100 ... earned all-state honors by the Tennessee Sports Writers Association All-State as a senior ... team was the 2005 Division II state champion and 2008 Division II sub-state runner-up.

Personal: Full name is Kathryn Beth Binkley ... born Jan. 3, 1990 ... parents are Mike and Sandy Binkley ... has an older sister, Krissie (Georgia-Athens '10) ... shares alma mater with former teammate Whitney Downs '09.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2008-09	9-0	36	3-9	.333	1-3	.333	0-0	.000	0	3	3	0.3	8	2	4	0	0	7	0.8
2009-10	19-0	110	6-29	.207	3-19	.158	0-1	.000	2	5	7	0.4	5	5	6	0	1	15	0.8
Career	28-0	146	9-38	.237	4-22	.182	0-1	.000	2	8	10	0.4	13	7	10	0	1	22	0.8

Career Highs	
Points	5 at Irvine (11/27/09)
FG	2 at Irvine (11/27/09)
FG Attempted	5 at FDU (12/30/09)
3FG Made	1, 2x MR at Irvine (11/27/09)
3FG Attempted	3 at Irvine (11/27/09)
FT Made	0
FT Attempted	1 at Stony Brook (11/13/09)
Rebounds	2, 2x MR at Penn (1/10/10)
Assists	2 at FDU (12/30/09)
Blocks	0
Steals	1 at Brown (2/20/10)



#20 Kate Miller

Position:	Forward
Height:	6'0"
Year:	Sophomore
Hometown:	Rumson, N.J.
High School:	Rumson-Fair Haven

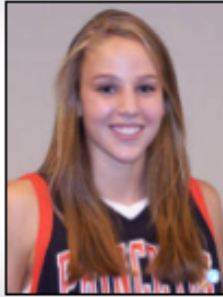
Freshman Year (2009-10): Has played in 27 games ... scored a personal-best 10 points versus Cornell on Feb. 26 ... had her best free-throw shooting at FDU and Penn going 3 for 4 in both games, while posting her first career block at FDU ... pulled down a personal-best four rebounds twice, most recently against Cornell on Feb. 26 ... had two steals against Lafayette ... led the team in steals and blocks one time each.

Before Princeton: Played four years of varsity basketball at Rumson-Fair Haven ... helped the team to a 106-22 record ... closed out her career averaging 13 points and six rebounds per game, while chipping in four assists, three steals and two blocks per game ... captain her senior year, scoring 427 points, averaging 14 per game, and adding eight rebounds per game ... the Bulldogs were New Jersey Group II State Champions three times ... named the MVP of the championship on two of those three occasions ... a three-time first-team All-Shore and first-team Group II all-state selection ... named third-team AP all-state as a junior and senior ... competed in the New Jersey State Interscholastic Athletic Association North-South All-Star Game and the Shore Conference All-Star Game as a senior ... closed out her high school career as the third-leading scorer all time with 1,672 points, while leaving with the most wins in a career (106) and most state titles (3) ... played AAU with the Middletown Hot Shots.

Personal: Full name is Caitlin Marie Miller ... born May 30, 1990 in Livingston, N.J. ... parents are Tony and Mariann Miller ... has one older brother Chris, and two younger sisters, Hannah and Emma.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Bk	Stl	Pts	Avg
2009-10	27-0	312	34-87	.391	2-19	.105	24-31	.774	23	18	41	1.5	42	9	16	1	10	94	3.5

Career Highs	
Points	10 vs. Cornell (2/26/10)
FG	5 vs. Cornell (2/26/10)
FG Attempted	8 at FDU (12/30/09)
3FG Made	1, 2 MR at La Salle (1/9/10)
3FG Attempted	4 vs. Lehigh (12/2/09)
FT Made	3, 2x MR at Penn (1/9/10)
FT Attempted	4, 3x MR at Penn (1/9/10)
Rebounds	4, 2x MR vs. Cornell (2/26/10)
Assists	1, 8x MR at Dartmouth (3/5/10)
Blocks	1 at FDU (12/30/09)
Steals	2 vs. Lafayette (12/12/09)



#22 Laura Johnson

Position:	Guard
Height:	5'8"
Year:	Junior
Hometown:	Lower Gwynedd, Pa.
High School:	Mt. St. Joseph Academy

Sophomore Year (2009-10): Has played in all 28 games and earned five starting assignments ... had a career game against Lehigh on Dec. 2 scoring a career-high 17 points on 6-for-11 shooting, hitting 5-of-9 three-point shots ... matched a personal-best four assists against Delaware on Nov. 21 ... had a career-matching three steals twice both times against Cornell ... shot 4-for-4 from the line against Brown on Jan. 29 and Penn on March 9 ... has posted a season-best five rebounds against Penn on March 9 ... has led the team in blocks three times, steals four times and assists once.

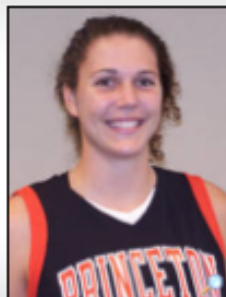
Freshman Year (2008-09): Played in all 28 games ... made one start, her first career start against Rider on Jan. 6 ... averaging 3.8 points and 1.4 rebounds per game ... shot 33-99 from the field, 19-51 from behind the arc and 22-28 from the free throw line for a total of 107 points ... finished the season with 40 rebounds, 34 assists 19 steals and one block ... was in double digits in scoring four times ... scored three points in three minutes her first time out against Fordham on Nov. 14 ... had a team-best three steals versus FDU on Nov. 25 ... had a career game against Penn, scoring a career-high 12 points and adding a team-high and personal-best six rebounds ... named to the Ivy League Honor Roll on Nov. 24.

Before Princeton: Earned four varsity letters at Mount St. Joseph Academy ... averaged 14 points per game as a senior and 12.5 points per game over her career, reaching the 1,200-point mark ... named first-team all-state as a senior and second-team as a junior ... a three-time first-team all-league honoree ... Philadelphia Inquirer named her second-team all-area as a senior ... team won league titles her final two seasons ... state district champions as a junior and 3A state champions as a senior ... MaxPreps.com ranked team second in the state her senior year ... Philadelphia Comets AAU team won the 2007 Boo Williams Invitational.

Personal: Full name is Laura Marie Johnson ... born Apr. 6, 1990 ... parents are Lanny and Kathy Johnson ... has an older sister Emily who played on the basketball team at Middlebury ('09).

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2008-09	28-1	359	33-99	.333	19-51	.373	22-28	.786	6	34	40	1.4	36	34	31	1	19	107	3.8
2009-10	28-5	524	42-140	.300	24-79	.304	19-25	.760	11	37	48	1.7	37	27	43	5	26	127	4.5
Career	56-6	883	75-239	.314	43-130	.331	41-53	.774	17	71	88	1.6	73	61	74	6	45	234	4.2

Career Highs	
Points	17 vs. Lehigh (12/2/09)
FG	6 vs. Lehigh (12/2/09)
FG Attempted	11 vs. Lehigh (12/2/09)
3FG Made	5 vs. Lehigh (12/2/09)
3FG Attempted	9 vs. Lehigh (12/2/09)
FT Made	4, 4x MRvs. Penn (3/9/10)
FT Attempted	4, 6x MR vs. Penn (3/9/10)
Rebounds	6 vs. Penn (1/10/09)
Assists	4, 2x MR vs. Delaware (11/21/09)
Blocks	1, 6x MR vs. Harvard (2/5/10)
Steals	3, 3x MR vs. Cornell (2/26/10)



#23 Addie Micir

Position:	Guard
Height:	6'0"
Year:	Senior
Hometown:	Newtown, Pa.
High School:	Council Rock North

Senior Year (2010-11): Team captain.

Junior Year (2009-10): Named Second-Team All-Ivy ... earned Ivy League Player of the Week honors on Nov. 23 and on Feb. 8 ... started in all 28 games ... posted a season-high 25 points against Dartmouth on Feb. 6, scoring 43 percent of the team's points ... had a season-high seven rebounds vs. Fordham on Jan. 2 ... recorded a career-high three steals in the season opener at Stony Brook on Nov. 13 ... matched a career-best six 3's against American on Nov. 16 and Fordham on Jan. 2 ... went a season-best 5-for-5 from the free-throw line vs. Yale on Jan. 30 ... matched a personal-best six assists against Delaware on Nov. 21 ... shot 9 for 10 from the free throw line against Columbia on Feb. 27 ... had a season-best two blocks at Harvard on March 6 ... led the team in scoring eight times, in assists four times, steals three times, blocks three times and rebounds once.

Sophomore Year (2008-09): Named second-team All-Ivy ... led the team in scoring with 331 points, averaging 11.8 points per game ... played in all 28 games and made 27 starts ... played in three full games, against Fordham, Sacred Heart and Harvard ... averaged 4.2 rebounds per game and collected 117 on the year ... had 57 assists, 22 steals and 14 blocks ... shot 111-304 from the field (.365), 66-180 from behind the arc (.367) and 43-51 (.843) from the free throw line ... led the team in scoring 13 times, and was in double digits 16 times ... went 10-for-10 in free throw shooting at Fordham on Nov. 14, a career best ... drained a career-high six three-pointers and added six assists at George Washington on Dec. 21 ... matched those six assists against Rider on Jan. 6 ... scored a career-high 24 points versus Harvard on Feb. 20, shooting 9-for-16 ... has a personal-best three blocks against Cornell on March 7 ... had a career-best 10 rebounds against Yale on Feb. 28 ... named to the Ivy League Honor Roll seven times.

Freshman Year (2007-08): Earned Ivy League Rookie of the Week honors twice, and Player of the Week once ... played in 20 games with nine starts ... made eight straight starts, culminating in a 22-point performance against Penn on Jan. 12 ... missed the next 10 games due to injury ... returned to see time off the bench in the season's final three games ... had six double-digit scoring games including the season finale at Penn on Mar. 11 with 14 points ... also had 18 points against Syracuse on Dec. 16 ... had three five-assist games ... reached a season-high eight rebounds twice ... hit five three-pointers against Syracuse and four at Penn.

Before Princeton: A four-year letterwinner at Council Rock North ... averaged 17.2 points and seven rebounds per game as a senior ... surpassed 1,500 points, 600 rebounds and 300 assists in her career ... a 2007 McDonald's All-America nominee ... hit 85.8 percent of her free throws as a senior and was better than 80 percent for her career ... named first-team all-state as a senior and second-team as a junior ... named first-team all-area by the Philadelphia Inquirer as a junior and senior ... named the Bucks County Courier Times Player of the Year as a senior and named to the paper's first team as a junior ... team won three league titles and advanced to the state final twice ... also earned multiple letters in field hockey and lacrosse ... named first-team all-state and all-area in field hockey by the Inquirer and Courier Times as a senior ... earned first-team all-league honors in lacrosse as a junior and senior ... was the valedictorian in a class of more than 500 students.

Personal: Full name is Addie Elizabeth Micir ... born Sept. 2, 1988 ... daughter of Pancho and Ann Micir ... father lettered for the Penn football team in 1970 ... has one older sister Emily, who played field hockey at St. Joseph's and graduated in 2009 ... majoring in psychology.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2007-08	20-9	555	48-131	.366	31-73	.425	22-29	.759	6	75	81	4.1	42	41	42	2	13	149	7.5
2008-09	28-27	955	111-304	.365	66-180	.367	43-51	.843	23	94	117	4.2	51	57	45	14	22	331	11.8
2009-10	28-28	871	120-286	.420	66-154	.429	48-58	.828	11	80	91	3.3	37	61	45	10	21	354	12.6
Career	76-64	2381	279-721	.387	163-407	.400	113-138	.819	40	249	289	3.8	130	159	132	26	56	834	11.0

Career Highs	
Points	25 vs. Dartmouth (2/6/10)
FG	9, 2x MR vs. Columbia (3/6/09)
FG Attempted	18 vs. Dartmouth (2/6/10)
3FG Made	6, 3x MR vs. Fordham (1/2/10)
3FG Attempted	12 at GW (12/21/08)
FT Made	10 at Fordham (11/14/08)
FT Attempted	10, 2x MR vs. Columbia (2/27/10)
Rebounds	10 at Yale (2/28/09)
Assists	6, 3x MR vs. Delaware (11/21/09)
Blocks	3 vs. Cornell (3/7/09)
Steals	3 at Stony Brook (11/13/09)



#24 Niveen Rasheed

Position:	Forward
Height:	6'0"
Year:	Sophomore
Hometown:	Danville, Calif.
High School:	Monte Vista

Freshman Year (2009-10): Ivy League Rookie of the Year ... named First-Team All-Ivy and to the All-Rookie team ... named the Ivy League Rookie of the Week nine times: on Nov. 16, Nov. 22, Nov. 30, Dec. 7, Dec. 21, Jan. 11 and Feb. 8, March 1 and March 8 ... earned Ivy League Player of the Week honors on Feb. 15 ... has started in all 28 games ... has been in double digits in scoring in 23 of 28 games ... scored a career-high 27 points at Drexel on Nov. 17, shooting 11-for-16 ... matched her 27 points at Columbia on Feb. 12 ... attempted a season-high 22 shots against Houston on Dec. 20 ... pulled down a personal best 16 rebounds at Cornell on Feb. 13 ... had 21 points, 10 rebounds, six assists, five steals and zero turnovers in 23 minutes against Rider on Dec. 8 ... had 27 points, 14 rebounds, seven assists, five steals in 32 minutes at Columbia on Feb. 12 ... posted 10 double-doubles: Irvine- 17 points, 10 rebounds; Rider- 21 points, 10 rebounds; Houston- 24 points, 14 rebounds; Penn- 18 points, 10 rebounds; Harvard- 15 points, 15 rebounds; Columbia- 27 points, 14 rebounds; Cornell- 18 points, 16 rebounds; Yale- 18 points, 14 rebounds; Harvard- 23 points, 10 rebounds; Penn- 18 points, 11 rebounds... has led the team in scoring 12 times and in rebounding in 16 games ... led the team in assists 12 times, steals 14 times and in blocks four times.

Before Princeton: A four-year letterwinner at Monte Vista High School ... captain of the squad her junior and senior years ... the Mustangs put together a 99-18 record during her four seasons in which she averaged 16.5 points and 7.4 rebounds per game ... as a senior she chipped in 20.8 points, nine rebounds, 5.5 steals, 5.2 assists and 2.7 blocks per game ... holds the school record in career steals, rebounds, assists and points with over 1,700 ... had her jersey retired at Monte Vista, the first time the school ever retired a number ... a unanimous selection for league MVP in 2007, 2008 and 2009 and a unanimous all-league pick in 2006 ... a three-time all-metro, All-Northern California and all-state selection ... named a Contra Costa Times Top-100 Athlete all three years ... Contra Costa Times named her second-team All-Times in 2007, and first-team in 2008 and 2009, while naming her the Times Player of the Year in 2009 ... named the All-Bay Area Regional Player of the Year, the All-East Bay Player of the Year and Cal Hi-Sports Winter Scholar-Athlete ... a McDonald's All-America nominee ... played AAU with East Bay Xplosion along with fellow Princetonian Lauren Polansky.

Personal: Full name is Niveen Rasheed ... born January 19, 1991 in Hayward, Calif. ... parents are Rifaat and Hanan Rasheed ... has one brother, Duke El-Manasara, and three sisters, Nadya, Linda and Bethaina.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2009-10	28-28	797	163-322	.506	4-13	.308	106-157	.675	80	157	247	8.8	62	80	62	12	63	436	15.6

Career Highs	
Points	27, 2x MR at Columbia (2/12/10)
FG	11 at Drexel (12/17/09)
FG Attempted	22 at Houston (12/20/09)
3FG Made	1, 4x MR at Houston (12/20/09)
3FG Attempted	3 vs. Lehigh (12/2/09)
FT Made	11 vs. Rutgers (12/5/09)
FT Attempted	14 vs. Rutgers (12/5/09)
Rebounds	16 at Cornell (2/13/10)
Assists	7 at Columbia (2/12/10)
Blocks	3, 3x MR at Brown (2/20/10)
Steals	5, 3x MR at Dartmouth (3/5/10)



#30 Lauren Edwards

Position:	Guard
Height:	6'0"
Year:	Junior
Hometown:	Los Angeles, Calif.
High School:	Brentwood School

Sophomore Year (2009-10): Named First-Team All-Ivy ... earned Academic All-Ivy honors ... earned the Ivy League Player of the Week on March 1 ... has started in all 28 games ... scored a season-best 23 points twice this season most recently against Columbia on Feb. 27 where she shot 11 for 18 while adding three blocks, steals and assists each ... has had five games in which recorded a season-best seven rebounds ... matched a career-high 10 field goals made against Lehigh on Dec. 2 ... made four three-pointers in three games this year, matching a personal best ... matched a career-high seven 3-point attempts versus Rutgers on Dec. 5 ... recorded a career-went 5 for 5 from the line against Dartmouth on March 5 ... picked up a career-high five assists against American on Nov. 16 ... posted a career-high four blocks at Columbia on Feb. 12 ... matched her career-best of four steals twice this year most recently against Harvard on March 6 ... has led the team in scoring seven times, in blocks 11 times, in steals 10 times and in assists five times.

Freshman Year (2008-09): Ivy League All-Rookie Team ... played in all 28 games and made 18 starts ... had the second-most points on the team, 269 and averaged 9.6 points per game ... shot 112-265 (.423) from the field, 15-57 (.263) from long range and 30-47 (.638) from the free throw line ... averaged 4.3 rebounds per game, pulling down 121 total ... collected 47 assists, the second most on the team, along with 34 steals, the second most on the team, and 18 blocks ... scored 14 points in her first collegiate game at Fordham on Nov. 14 ... corralled a career-high 10 rebounds versus Cornell on March 7 in her first double-double ... had a career-high 26 points against Lafayette on Jan. 2, shooting 10-for-18 while going 4-for-7 from long range ... had a season-best four steals and four assists at Syracuse on Dec. 30 ... matched her four assists against Rider on Jan. 6 ... was in double digits in scoring 13 times ... was named the Ivy League Rookie of the Week three times and was named to the Honor Roll twice ... led the team in scoring six times, in assists seven times and in steals 11 times.

Before Princeton: First-team all-state in Division IV as a junior and second-team as a sophomore ... did not play senior year due to injury ... honorable mention All-America by Street and Smith ... first-team all-league as a freshman and sophomore ... averaged 15.3 points, 13.7 rebounds and 4.1 steals per game as a junior ... team was a league champion her freshman and junior year ... state divisional champions as a freshman.

Personal: Full name is Lauren Wai Leng Edwards ... born Apr. 21, 1990 ... parents are Rick and Rita Edwards ... has an older sister, Leslie (California '09) and an older brother, Ryan (UC-Davis '07) ... shares alma mater with teammate Tani Brown.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2008-09	28-18	702	112-265	.423	15-57	.263	30-47	.638	44	77	121	4.3	44	47	55	18	34	269	9.6
2009-10	28-28	806	153-307	.498	39-90	.433	29-39	.744	41	78	119	4.3	33	63	44	30	38	374	13.4
Career	56-46	1508	265-572	.463	54-147	.367	59-86	.686	85	155	240	4.3	77	110	99	48	72	643	11.5

Career Highs	
Points	26 at Lafayette (1/2/09)
FG	10, 2x MR vs. Lehigh (12/2/09)
FG Attempted	18 at Lafayette (1/2/09)
3FG Made	4, 3x MR vs. Brown (1/29/10)
3FG Attempted	7, 2x MR vs. Rutgers (12/5/09)
FT Made	5 at Dartmouth (3/5/10)
FT Attempted	6 vs. Harvard (1/31/09)
Rebounds	10 vs. Cornell (3/7/09)
Assists	5 vs. American (11/15/09)
Blocks	4 at Columbia (2/12/10)
Steals	4, 3x MR at Harvard (3/5/10)



#32 Kristen Helmstetter

Position:	Forward
Height:	6'0"
Year:	Freshman
City/State:	Bridgewater, N.J.
High School:	Bridgewater-Raritan

Before Princeton: Lettered four years at Bridgewater-Raritan ... captain her senior year guiding the Panthers to a 24-3 record ... scored 22.0 points, 8.1 rebounds, 5.4 assists, 3.3 steals and 3.2 blocks per game as a senior ... totaled 15.0 points, 8 rebounds, 1.5 assists, 1.3 steals and 3.8 blocks per game in her career ... a three-time team MVP ... holds the Bridgewater-Raritan school record with 1,476 points ... a three-time first-team All-Skyland Conference selection ... named to the North All-Star Team that competed in the North/South game ... MVP at two holiday tournaments ... named to the *Courier News* All-Freshman Team in 2007, earned third-team honors in 2008, second-team honors in 2009 and first-team honors in 2010 ... named the 2010 *Star-Ledger* Somerset County Player of the Year and was named second-team All-Group IV by the publication ... earned third-team All-Group IV honors in 2009 along with being named first-team All-Somerset County ... captured first-team All-Area honors by the *Star-Ledger* as a freshman ... played her AAU with the New Jersey Demons ... the Demons won the Boo Williams Tournament in April 2009, participated in junior nationals and competed in numerous tournaments ... also garnered three letters in volleyball.

Personal: Full name is Kristen Marie Helmstetter ... born May 18, 1992 ... parents are Chris and Anne Helmstetter ... has one brother, Craig.



#43 Megan Bowen

Position:	Center
Height:	6'2"
Year:	Sophomore
Hometown:	Bath, Pa.
High School:	Northampton

Freshman Year (2009-10): Has played in 19 games ... scored a season-best nine points against Cornell on Feb. 26 shooting 3 for 3 from the floor and from the free-throw line ... pulled down a season-best four rebounds against Irvine on Nov. 27 ... posted her first career steal at Rider at Dec. 8 ... has had one blocks in three games, most recently against Brown on Jan. 29 ... led the team in blocks once.

Before Princeton: A four-year letterwinner at Northampton Senior High School ... the Konkrete Kids totaled a 72-38 record during her tenure, including a 20-8 mark her senior season ... captain her senior year ... averaged 11 points per game and 10 rebounds per game, while chipping in five assists, four blocks and three steals each game as a senior ... finished out her career as a three-time All-Lehigh Valley Conference and Express Times all-area selection ... named all-area by Frantz Trophies her junior and senior years ... named to the Stellar Invitational All-Tournament team as a senior ... earned the Team Scholar-Athlete award ... captured the William Allen Classic MVP award all four years ... played AAU with the Downingtown Blitz during her freshman, sophomore and junior years ... the Blitz won the Lehigh Valley Tournament, and competed in Junior Nationals and two Blue Chip Tournaments.

Personal: Full name is Megan Lynn Bowen ... born October 20, 1990 in Allentown, Pa. ... parents are Theodore and Lynn Bowen ... has one brother, Michael.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
<u>2009-10</u>	19-0	86	10-20	.500	0-0	.000	11-17	.647	6	16	22	1.2	10	1	4	3	1	31	1.6

Career Highs	
Points	9 vs. Cornell (2/26/10)
FG	3 vs. Cornell (2/26/10)
FG Attempted	3, 2x MR vs. Cornell (2/26/10)
3FG Made	0
3FG Attempted	0
FT Made	3, 2x MR vs. Cornell (2/26/10)
FT Attempted	4 at Irvine (11/27/09)
Rebounds	4 at Irvine (11/27/09)
Assists	0
Blocks	1, 3x MR vs. Brown (1/29/10)
Steals	1 at Rider (12/8/09)



#44 Devona Allgood

Position:	Center
Height:	6'3"
Year:	Junior
Hometown:	Huntersville, N.C.
High School:	North Mecklenburg

Sophomore Year (2009-10): Named Second-Team All-Ivy ... earned the Ivy League Player of the Week on Dec. 21 and Jan. 11 ... has started in all 28 games ... scored a career-high 21 points at Houston on Dec. 20, shooting 9 for 10 from the floor ... attempted her most shots in her career with 16 at Harvard on March 6 ... matched a career-best five blocks at Houston ... recorded a career-high six steals at Rider ... had a season-high 13 rebounds three times most recently at Harvard on March 6 ... posted nine double-doubles: Drexel- 12 points, 10 rebounds; Houston- 21 points, 11 rebounds; La Salle- 17 points, 13 rebounds; Yale- 10 points, 10 rebounds; Harvard- 10 points, 13 rebounds; Brown- 16 points, 10 rebounds; Dartmouth- 10 points, 10 rebounds; Harvard- 15 points, 13 rebounds ... has led the team in rebounding 14 times, blocks 14 times, steals three times and in scoring twice.

Freshman Year (2008-09): Ivy League All-Rookie Team ... played in all 28 games and made 15 starts ... the team's top rebounder with 192 boards, averaging 6.9 rebounds per game ... led the team in blocks with 44, and also had 22 steals and 14 assists ... ranked second in the league in blocks and seventh in rebounds ... averaged 8.0 points per game, and totaled 225 points ... shot 98-186 (.527) from the field the best on the team ... shot 29-50 (.580) from the free throw line ... led the team in rebounds 14 times, blocks 15 times, points five times and steals four times ... recorded a career-best 16 rebounds versus Rider on Jan. 6 ... picked up a career-best five blocks and three assists versus Monmouth on Dec. 12 ... shot 4-for-8 from the free throw line versus Rider, the most trips she's made to the line ... scored a career-high 17 points at Yale on Feb. 28 ... collected four double-doubles ... named the Ivy League Rookie of the Week three times, in consecutive order and was on the Honor Roll four times.

Before Princeton: Four-year letterwinner at North Mecklenburg High School ... was MVP of the Charlotte Pro-Am all-star tournament ... earned second-team all-county honors by the Charlotte Observer as a senior ... named all-conference twice ... an adidas top-10 All-America team member as a junior ... team was conference champions twice during her career and made sectional and regional appearances her senior year ... averaged 15 points, 10 rebounds and four blocks per game as a senior.

Personal: Full name is Devona Simone Allgood ... born June 15, 1990 ... parents are Dwayne and Michele Allgood ... has an older sister, Marchetta, and a younger brother, Dwayne Jr. ... majoring in civil and environmental engineering.

Season	GP-GS	Min	FG	FG%	3FG	3FG%	FT	FT%	O	D	Tot	Avg.	PF	A	TO	Blk	Stl	Pts	Avg
2008-09	25-15	639	98-186	.527	0-0	.000	29-50	.580	71	121	192	6.9	75	14	40	44	22	225	8.0
2009-10	28-28	722	143-249	.574	0-0	.000	18-40	.450	89	133	222	7.9	58	23	58	38	23	304	10.9
Career	56-42	1361	241-435	.554	0-0	.000	47-90	.522	160	254	414	7.4	133	37	98	82	45	529	9.4

Career Highs	
Points	21 at Houston (12/20/09)
FG	9 at Houston (12/20/09)
FG Attempted	16 at Harvard (3/6/10)
3FG Made	0
3FG Attempted	0
FT Made	4 vs. Rider (1/6/09)
FT Attempted	8 vs. Rider (1/6/09)
Rebounds	16 vs. Rider (1/6/09)
Assists	3 vs. Harvard (1/31/09)
Blocks	5, 2x MR at Houston (12/20/09)
Steals	6 at Rider (12/8/09)

Princeton Women's Basketball
Princeton Combined Team Statistics (as of Nov 09, 2010)
All games

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL GAMES	26-3	12-1	14-1	0-1
CONFERENCE	14-0	7-0	7-0	0-0
NON-CONFERENCE	12-3	5-1	7-1	0-1

#	Player	gp-gs	min	avg	Total		3-Point		F-Throw		Rebounds					a	to	blk	stl	pts	avg			
					fg-fga	fg%	3fg-fga	3fg%	ft-fa	ft%	off	def	tot	avg	pf							dq		
24	Rasheed, Niveen	29-29	829	28.6	168-336	.500	4-13	.308	107-159	.673	92	163	255	8.8	65	0	81	63	13	64	447	15.4		
30	Edwards, Lauren	29-29	839	28.9	156-321	.486	39-91	.429	31-41	.756	47	85	132	4.6	33	0	64	50	30	39	382	13.2		
23	Micir, Addie	29-29	903	31.1	121-296	.409	66-159	.415	49-59	.831	13	80	93	3.2	40	0	63	47	10	21	357	12.3		
44	Allgood, Devona	29-28	748	25.8	146-259	.564	0-0	.000	20-44	.455	90	135	225	7.8	60	1	23	61	39	25	312	10.8		
11	Hill, Krystal	29-0	365	12.6	45-142	.317	10-35	.286	41-46	.891	23	39	62	2.1	29	1	36	36	1	24	141	4.9		
22	Johnson, Laura	29-5	535	18.4	44-144	.306	25-82	.305	19-25	.760	11	40	51	1.8	39	0	27	44	5	26	132	4.6		
20	Miller, Kate	28-0	320	11.4	35-90	.389	2-19	.105	24-31	.774	23	18	41	1.5	43	1	9	17	1	10	96	3.4		
32	Brown, Tani	23-1	284	12.3	24-61	.393	9-27	.333	8-10	.800	17	29	46	2.0	20	0	28	20	0	11	65	2.8		
43	Bowen, Megan	20-0	88	4.4	10-20	.500	0-0	.000	13-19	.684	6	17	23	1.2	10	0	1	4	3	1	33	1.7		
03	Polansky, Lauren	27-23	497	18.4	15-37	.405	0-0	.000	7-13	.538	23	44	67	2.5	48	0	77	32	4	40	37	1.4		
50	Stevens, Cheryl	28-1	280	10.0	14-49	.286	0-0	.000	6-9	.667	17	50	67	2.4	46	0	9	23	28	5	34	1.2		
13	Binkley, Beth	20-0	112	5.6	6-29	.207	3-19	.158	0-1	.000	2	5	7	0.4	5	0	5	6	0	1	15	0.8		
Team											53	67	120											
Total.....		29	5800		784-1784	.439	158-445	.355	325-457	.711	417	772	1189	41.0	438	3	423	415	134	267	2051	70.7		
Opponents.....		29	5800		557-1616	.345	116-424	.274	290-427	.679	361	664	1025	35.3	468	5	294	534	72	189	1520	52.4		

TEAM STATISTICS	PRIN	OPP	Date	Opponent	Score	Att.
SCORING	2051	1520	11/13/09	at Stony Brook	w 68-43	612
Points per game	70.7	52.4	11/16/09	AMERICAN	w 77-45	274
Scoring margin	+18.3	-	11/21/09	DELAWARE	w 68-59	525
FIELD GOALS-ATT	784-1784	557-1616	11/25/09	at UCLA	L 59-69	800
Field goal pct	.439	.345	11/27/09	at UC Irvine	w 78-50	0
3 POINT FG-ATT	158-445	116-424	12/02/09	LEHIGH	w 86-68	269
3-point FG pct	.355	.274	12/05/09	RUTGERS	L 50-60	782
3-pt FG made per game	5.4	4.0	12/08/09	at Rider	w 83-57	714
FREE THROWS-ATT	325-457	290-427	12/12/09	LAFAYETTE	w 80-47	367
Free throw pct	.711	.679	12/17/09	at Drexel	w 66-49	603
F-Throws made per game	11.2	10.0	12/20/09	at Houston	w 71-60	381
REBOUNDS	1189	1025	12/30/09	at Fairleigh Dickinson	w 77-44	302
Rebounds per game	41.0	35.3	01/02/10	FORDHAM	w 75-61	646
Rebounding margin	+5.7	-	01/05/10	at La Salle	w 68-49	1762
ASSISTS	423	294	* 01/09/10	at Penn	w 70-39	514
Assists per game	14.6	10.1	* 01/29/10	BROWN	w 75-44	357
TURNOVERS	415	534	* 01/30/10	YALE	w 69-48	1304
Turnovers per game	14.3	18.4	* 02/05/10	HARVARD	w 73-54	568
Turnover margin	+4.1	-	* 02/06/10	DARTMOUTH	w 58-47	423
Assist/turnover ratio	1.0	0.6	* 02/12/10	at Columbia	w 77-55	409
STEALS	267	189	* 02/13/10	at Cornell	w 72-49	629
Steals per game	9.2	6.5	* 02/19/10	at Yale	w 65-44	361
BLOCKS	134	72	* 2/20/10	at Brown	w 64-38	817
Blocks per game	4.6	2.5	* 02/26/10	CORNELL	w 96-59	726
ATTENDANCE	8145	9803	* 02/27/10	COLUMBIA	w 69-57	1162
Home games-Avg/Game	13-627	15-654	* 03/05/10	at Dartmouth	w 64-43	805
Neutral site-Avg/Game	-	1-0	* 03/06/10	at Harvard	w 78-66	1094
			* 03/09/10	PENN	w 68-51	742
			03/20/10	vs St. John's	L 47-65	0

* = Conference game

GAME #1
FDU AT PRINCETON

GAME #2
PRINCETON AT RUTGERS

GAME #3
PRINCETON AT LEHIGH